



Madylin (Maddy) Setterlund (Her/She)

Peer Mentor

In-person/Tele-Health

Special Interest:

**Mental health | Anxiety | Boundary Setting | Mental Wellness | Youth
Empowerment | Self-Care | Autism | Emotional Wellbeing |
Friendships/Relationships | Coping skills | Goal Setting | Learning Disabilities
| Suicide Prevention | Self-Esteem |**

Maddy recently graduated from UW–Eau Claire with a bachelor's in psychology. She is now pursuing her master's in school psychology, where she is driven to help make a difference in her peer's lives. Maddy has navigated friendships and relationships that were affected by mental health. She's passionate about setting healthy boundaries while supporting and being there for her loved ones. Maddy has experience working with autistic children in clinical settings using applied behavior analysis, advocating and supporting youth with learning disabilities to get back on track with their education, and educating her peers on suicide prevention and awareness. Maddy believes active listening, sympathy, and relationship building are the keys to being an impactful mentor. In Maddy's free time, she enjoys being outdoors, reading, playing card games, and socializing with friends and family.