



Special Interests

Mental Health and Emotional Wellbeing/Family dynamics/Identity Formation/Anxiety and Depression/Self-Care/Mind-Body Connection/Nutrition/Self-Empowerment/Adoption/Fostercare/Self-Esteem/Grief

Haley is a 24-year-old student currently pursuing her master's degree in social work with a clinical focus at Simmons University. She received her undergraduate in social work and sociology from the University of Wisconsin-Stevens Point. She is currently a clinical counseling intern at the University of Wisconsin-Eau Claire. There, she provides therapeutic services from a strengths-based, person-centered lens to college students.

Haley has always been interested in the world of mental health. This began due to her exposure to the world of social work as a child. She was adopted at a young age from Milwaukee, WI and was raised in a large, blended family in rural WI. Growing up, Haley gained experience with individuals from multiple diverse backgrounds such as poverty, trauma, abuse, and substance use.

In her personal life, Haley has struggled with mental health such as depression and anxiety, and has walked alongside family members who have had to live with mood disorders, PTSD, and substance use disorders. These lived experiences have shaped her life and have developed a passion for supporting others on their journey towards emotional and mental wellbeing. Haley

believes that everyone has strengths that can foster resiliency and confidence. She is passionate about helping others uncover their strengths and talents.

In her free time, Haley enjoys reading, hiking, and trying new hobbies.