

## Paige (Jackson) Thompson (He/Him) Peer Mentor In-person/Tele-Health

## **SPECIAL INTERESTS:**

MENTAL HEALTH | LGBTQ | RELATIONSHIPS & FAMILY |ALCOHOL RECOVERY | SEXUAL/MENTAL/PHYSICAL/EMOTIONAL ABUSE RECOVERY |BLENDED FAMILY/CO-PARENTING | ALCOHOL/SUBSTANCE USE RECOVERY | PHYSICAL, VERBAL, FINANCIAL ABUSE RECOVERY | ABORTION TRAUMA | DEALING WITH A LOVED ONE'S ADDICTION | SELF-HARM | NARCISSISTIC ABUSE | ABUSE RECOVERY | PTSD | ANXIETY & DEPRESSION |YOUTH & ADULT FEMALE WELLNESS | SUBSTANCE USE |

Jackson is 26 years old and enjoys playing disc golf and playing video games. He also enjoys spending time with friends and family in 2023. He came out as a transgender and started taking hormones. He has had many struggles in life, including drugs, abuse, sexual assault, depression, anxiety, and trauma. Jackson learned to love himself and cope through personal growth, support, and perseverance. He hoped to be able to help other people to learn and grow through their struggles.